

Woodcocks' Well C of E
Games Progression Model

	Knowledge	Skills	Vocabulary
1	<ul style="list-style-type: none"> • To know how to play a game fairly. • To understand simple rules of competitive games. • To know that being active is good for their bodies and fun 	<ul style="list-style-type: none"> • To master basic sending and receiving techniques. • To make use of weight transfer. • To aim a variety of balls and equipment accurately. • To practise basic striking. • To use throwing and catching skills in a game • To strike a ball with a racquet and a bat. 	Sending Receiving Rules Striking Racquet
2	<ul style="list-style-type: none"> • Know how to position the body to strike a ball in games (cricket/tennis/hockey) 	<ul style="list-style-type: none"> • To use hand and eye co-ordination to control a ball. • To catch consistently a variety of objects. • To kick and move with a ball 	Balance
3 Invasion- Dodgeball/Football	<ul style="list-style-type: none"> • To know and follow rules of team games. • To know the importance of fielding skills when playing a game 	<ul style="list-style-type: none"> • To perform a range of catching and gathering skills • To throw and hit a ball in different ways • To strike a ball for distance using hands or feet • To keep possession of a ball in a game situation • To use hand/eye co-ordination to strike a moving and stationary ball. 	Tactic Attack Defence Possession Agility Co-ordination mark

<p>4 Invasion – Hockey / Football</p> <p>Rounders</p> <p>Tennis</p>	<ul style="list-style-type: none"> • To know a range of different shots in tennis and rounders and which shot suits certain game situations. • To know and understand rules for simple games and follow them to keep a game going. • To know what skills need practising to improve in certain sports 	<ul style="list-style-type: none"> • To become familiar with short tennis racquets • To be able to keep a tennis ball in play • To accurately serve underarm • To participate in a rally • To be able to accurately dribble a hockey and football. 	<p>Rally</p>
<p>5 Invasion – Netball/Dodgeball</p> <p>Cricket</p> <p>Tennis</p>	<ul style="list-style-type: none"> • To know the basic footwork rule of netball • To know the importance of ‘getting free’ in order to receive a pass. • To know how to make space in netball by moving away, coming back and dodging. • To know which are attacking and defending positions in High 5 • To know doubles tennis scoring and be able to use it in a game • To understand different basic shots in cricket 	<ul style="list-style-type: none"> • To be able to perform a range of passes – chest, push, overhead, bounce in a game of netball. • To demonstrate being able to mark an opponent • To understand the different positions in High 5 netball • To develop technique for ground stroke and volleys in tennis • To develop the backhand shot in tennis • To learn how to shoot a netball using correct technique • To be able to strike a bowled ball • To use a range of fielding skills with growing control and accuracy (long boundary) 	<p>Opponent Technique</p>
<p>6 Invasion – Tag Rugby</p> <p>Cricket/Rounders</p>	<ul style="list-style-type: none"> • To know the basic rules of Tag-Rugby • To know the different roles of a rounders team and the skills required for each. 	<ul style="list-style-type: none"> • To develop pass and carry a ball using correct rugby technique • To work as a team using ball-handling skills 	<p>Invasion Strategy Off-Side</p>

		<ul style="list-style-type: none">• To pass and carry a ball using balance and co-ordination• To learn the role of 'Backstop'• To be able to accurately bowl a ball with the correct line and length• To be able to aim and hit a bowled ball in a given direction according to fielding positions.	
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